

**M. S. P. Arts, Science & K. P. T. Commerce College,**

**Manora Dist. Washim**



**NAAC Accredited 'B' Grade**

**Report on...**

**One Day College Level Workshop**

**On**

**Significance of Yoga in ancient Indian Culture**

**Organized by**

**Dept. of History**

**M.S.P. Arts, Science & K.P.T. Commerce College**

**2Jan.2024**

**Submitted to**

**Dr. N. S. Thakare**

**Principal**

**Submitted by**

**Dr J.N.Kamble**

**Asst. Prof. and Head Department of History**

# **M. S. P. Arts, Science & K. P. T. Commerce College, Manora Dist. Washim**

Report on...

Significance of Yoga in ancient Indian Culture

## **Objectives**

- . Students will be known about health awareness.
- . Students will be known ancient Indian Culture.
- . To give the additional information of Indian History
- . Putting great ideology of our ancient society.

## **Introduction**

Our ancient culture is understood by the whole world. In ancient times, Rishi Muni started his Chintan Yoga process for good fundamental and physical health. Today's crowd is inspired by his kindness. This Hishala was organized for the Department of History.

## **Details of Workshop**

Organizer: Department of History MSP College Manora

Chairperson & Inaugurator: Prof.B.S.Ther

Organizing Secretary:Dr.J.N.Kamble

No of Participants: 72

## **Summary**

Department of Economics of M.S.P.Arts,Science &K.P.T. Commerce College Manora organized One Day College Level Workshop on Significance of Yoga in ancient Indian Culture The workshop began by welcoming the chairperson of the guest speaker of the institution. Prof.B.S.Ther, , inaugurated the

workshop formally. In the inaugural speech prof.B.S.Ther admired the endeavor made by the Dept. of History and stressed the need of such types of workshops to arouse the interest in

students to learn our ancient culture. Dr.J.N.Kamble organizing secretary of workshop gave an introductory remark. Mr.Ingole Yog prachark

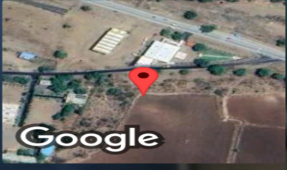
resource Person of workshop focused on many shades of Yoga in daily life. They told about the significance of Yoga in our life & its benefits.Dr.J.N.Kamble proposed a vote of thanks.

## Glimpses of Workshop





 **GPS Map Camera**



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**Dhamni Manora, Maharashtra, India**  
6GCQ+CX7, Dhamni Manora, Maharashtra 444404, India  
Lat 20.220594°  
Long 77.539815°  
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 **GPS Map Camera**



Google

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Lat 20.219655°  
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